【課題管理番号】16gk0110009h0002 平成 29 年 5 月 30 日

平成 28年度 委託研究開発成果報告書

I. 基本情報

事 業 名: (日本語) 成育疾患克服等総合研究事業

(英 語) Project for Baby and Infant Research of health and Development to Adolescent and Young adult

研究開発課題名: (日本語) 母子保健領域における国際的動向を踏まえた予防方法や治療方法の開発 及び情報発信等に関する研究

(英語) Study on development and dissemination of prevention and treatment strategies for maternal and child care, based on international trends of clinical research

研究開発担当者 (日本語)国立研究開発法人国立成育医療研究センター政策科学研究部 所属 役職 氏名: 部長 森 臨太郎

(英語) Rintaro Mori, Director, Department of Health Policy and Department of Clinical Epidemiology, National Center for Child Health and Development

実 施 期 間: 平成 28 年 4 月 1 日 ~ 平成 29 年 3 月 31 日

分担研究 (日本語)研究の統括および分野全体の課題調整、医療経済分析

開発課題名: (英 語)Supervision of the project and coordination of overall the study subjects, cost effective analysis

研究開発分担者 (日本語)国立研究開発法人国立成育医療研究センター政策科学研究部 所属 役職 氏名: 部長 森 臨太郎

(英語) Rintaro Mori, Director, Department of Health Policy and Department of Clinical Epidemiology, National Center for Child Health and Development

分担研究 (日本語) 難病領域における臨床研究の国際的動向を踏まえた予防方法や治療方法

開発課題名: 開発及び情報発信等に関する研究

(英語) Study on development and dissemination of prevention and treatment strategies for rare diseases, based on international trends of clinical research

研究開発分担者 (日本語)京都大学大学院医学研究科 社会健康医学系専攻 健康増進・行動学分野 准

所属 役職 氏名: 教授 渡辺 範雄

(英 語) Norio Watanabe, Associate professor, Department of Health Promotion and Human behavior, Graduate School of Medicine/ School of Public health, Kyoto University, Japan

分担研究 (日本語)母子保健領域における国際的動向を踏まえた予防方法や治療方法の開発及

び情報発信等に関する研究

開発課題名: (英 語) Development of prevention methods and treatment methods based on

international trends in maternal and child health field and research

on information dissemination.

研究開発分担者 (日本語)昭和大学江東豊洲病院 周産期センター

周産期センター長、准教授大槻 克文

所属 役職 氏名: (英 語)Katsufumi Otsuki, Associate Professor, Showa University Koto Toyosu Hospital

分担研究 (日本語) 小児保健に関するレビュー

開発課題名: (英語) Systematic review on newborn and child health

研究開発分担者 (日本語) 田村 正徳、埼玉医科大学総合医療センター小児科、特任教授

所属 役職 氏名: (英 語) Masanori Tamura, Professor, Saitama Medical Center, Saitama Medical University

分担研究 (日本語)人材育成および正常出産に関するレビュー

開発課題名: (英 語) Human resource development in nursing/midwifery and conducting

systematic reviews of normal labor and delivery management

研究開発分担者 (日本語)聖路加国際大学大学院看護学研究科 准教授 八重 ゆかり

所属 役職 氏名: (英 語) Yukari Yaju, Associate professor, St. Luke's International University

分担研究 (日本語)次世代育成のための社会科学分野におけるレビュー

開発課題名: (英語)Systematic reviews in the field of social sciences for the next generation

研究開発分担者 (日本語) 目白大学 教授 原田 隆之

所属 役職 氏名: (英 語)Takayuki Harada, Professor, Mejiro University

分担研究 (日本語)教育プログラムの構築

開発課題名: (英語)Development of education program

研究開発分担者 (日本語)国立研究開発法人国立成育医療研究センター臨床研究開発センター

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Chief, Division of Education for Clinical Research, National Center for Child Health and Development

分担研究 (日本語)系統的レビュー人材育成

開発課題名: (英 語) Capacity building for publishing systematic reviews

研究開発分担者 (日本語) 聖路加国際大学大学院看護学研究科国際看護学

所属 役職 氏名: 教授 大田 えりか

(英語) Erika Ota, PhD, RNM

Professor, Global Health Nursing, St. Luke's International University,

Graduate School of Nursing Science

分担研究 (日本語) 小児循環器領域に関する系統的レビューと新規治療戦略の開発

開発課題名: (英語) Systematic review and development of new therapeutic strategy in the

field of pediatric cardiology

研究開発分担者 (日本語)国立成育医療研究センター臨床研究企画室 室長 小林徹

所属 役職 氏名: (英 語) Tohru Kobayashi, Chief, Division of Clinical Research Planning,

National Center for Child Health and Development

分担研究 (日本語) IgA 腎症の非免疫抑制治療の Update

開発課題名: (英 語) Non-immunosuppressive treatment for IgA nephronpathy (Update)

研究開発分担者 (日本語) 国立研究開発法人国立成育医療研究センター

所属 役職 氏名: (英語) 腎臓・リウマチ・膠原病科医長 石倉 健司

腎臓・リウマチ・膠原病科フェロー 西 健太朗

Kenji Ishikura, Division Chief

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and Development

II. 成果の概要(総括研究報告)

所管課や国内外の関連機関と協議し、母子保健の現重要課題に関して、系統的レビューを施行、必要に応じて医療経済分析を行った。また、国内外関連機関と連携して、プロトコール作成、批判的吟味、メタ解析、結果解釈などの方法論に関するワークショップ及び、学会や教育現場における意識啓発・教育・情報提供を定期的に開催し、同時に、我が国で系統的レビューを行っている著者や研究者へ方法論や発信手法などに関するきめ細かい支援も行うことで、人材強化に努めた。さらに、日本の母子保健における臨床研究を世界に発信するための検討国内外の機関との関係を強化し、新たに連携できる人材や組織の発掘や育成を行った。

筋ジストロフィー等の遺伝性神経疾患を含む難病領域は、母子保健において重要である。本研究では筋ジストロフィーに関する系統的レビューを施行し、現時点での最新治療(エクソン・スキッピング)の治療効果の有用性を検討した。また並行して国際的動向を踏まえ、難病・希少疾患領域における臨床研究の問題点を抽出した。結果、本領域における臨床研究は絶対数が小さいのみならず、選択的報告や不完全なアウトカムデータ等のバイアスが幅広く見られることが明らかとなった。今後の課題として、希少疾患領域特異的な臨床研究方法論のガイドライン作成が必要と考えられる。

周産期医療に於いて、我々が現在取り組むべき最も重要な課題の一つとしては早産の予防がある。日本の周産期死亡率は世界一低い水準に達しているが、それでも依然として妊娠 26 週末満での早産児の死亡率は高く、生存例においても早産児は様々な問題を抱えていることが指摘されている。これらの児の予後を改善するためには、新生児医療の進歩に期待するのみではなく、早産そのものを減少させる事が重要なことは言うまでもない。本研究では、切迫早産患者に対しての日本特有の緻密な管理と保険制度などを見直した。

メーリングリストやソーシャルネットワーキングサービスを利用して、新生児・小児分野で系統的レビューの著者になりうる人材への啓蒙活動を行った。系統的レビュー作成希望者を募集したところ 20 人の応募があり、現在、聖路加国際大学の大田えりか先生の指導の下、以下 3 つの系統的レビューを作成中であり、今年度中の完成を目指している。以下研究課題:①Effect of umbilical cord milking versus delayed cord clamping of preterm infants on neonatal outcomes、②Vitamin A supplementation to prevent chronic lung disease in extremely low birth weight infants、③Conventional mechanical ventilation versus high-frequency oscillatory ventilation for congenital diaphragmatic hernia。

コラボレイション活動に関する知識の普及と人材育成の一環として、2015年12月12日、2017年2月4日に、聖路加国際大学において聖路加コクラン塾を開催した。セミナー受講者はそれぞれ、30名と8名であった。この聖路加コクラン塾参加者の中で、システマティック・レビュー実施を検討する過程に

おいて、ランダム化比較試験の必要性を認識した 2 名が、助産ケアに関連する 2 件のランダム化比較試験を実施し、また助産ケア方針の実態に関する調査を行い、それぞれが博士論文として公表した。なお、研究分担者と研究協力者は、分娩第 3 期における出血量減少を目的としたホメオパシー療法の有効性に関するコクラン・システマティック・レビューのプロトコールを完成させた。

世界中で乱用が広まっており、妊産婦や子どもの乱用も懸念されているアンフェタミンタイプ刺激剤について、アンフェタミンタイプ刺激剤使用障害に対する認知行動療法の効果について、引き続きコクランレビューを執筆し、査読中である。このレビューは、コクラン共同計画の姉妹組織であり、社会科学分野でのシステマティック・レビューを発表しているキャンベル共同計画のレビューとしても発表する。

産婦人科、母子保健、成育医療における系統的レビューを実施するとともに、既存の教育コンテンツの見直し作業を行い、教育のための媒体およびネットワークの拡大を行った。様々な分野の著者に対して系統的レビュー執筆に係る支援を行い、コクランレビュー1本と系統的レビュー2本の出版、その他複数のコクランプロトコール、系統的レビューの投稿に貢献した。

本年度の教育啓発活動として、系統的レビューを実施する人材育成、および各組織との連携体制構築を目的としたワークショップ、講演、講義などを開催した。本年はとくに、成育や母子保健の分野に関する臨床試験の系統的レビューや診断に関するレビュー作成のための基礎構築を目指して、妊娠出産グループの系統的レビューを出版する個別指導にも力を入れた。セミナー参加者の中から、系統的レビューの論文 16 本、系統的レビューのプロトコール論文 9 本が出版されるなど、教育の効果がでてきている。

小児循環器領域において以下の系統的レビューを実施した。1) 川崎病に対する生物学的製剤の有用性と安全性、2) 川崎病に対するインフリキシマブの有用性と安全性、3) ワルファリン至適投与量を予測するための遺伝薬理学的アプローチの有用性。 系統的レビュー結果に基づき、日本人小児において遺伝薬理学的アプローチによってワルファリン至適投与量予測モデルを作成する前方視的多施設共同研究を開始した。

IgA 腎症の非免疫抑制薬治療の系統的レビューは 2011 年に Cochrane review から報告されている。 過去の報告に加えて、この 5 年間の RCT のリスクバイアスを評価し、システマティック・レビューとしてまとめて発表する。

In discussion with local and international related agencies, systematic reviews on critical issues in maternal and child health care were performed, and cost-effectiveness analysis was conducted as needed. We held workshops on writing a protocol, critical appraisal, meta-analysis, and methodology such as interpretation of results. We also raised awareness and provided information at conferences and educational fields. We made efforts to human resource development by providing support on methodology and dissemination to authors and researchers who work on systematic reviews. Furthermore, we reinforced a relationship with local and international related agencies to spread out the achievements of clinical research in Japan, and recruited and trained new corroborators.

In maternal and child health care, rare diseases including genetic neurological disorders such as muscular dystrophy should not be overlooked. In this study, a systematic review on muscular dystrophy was performed, and the effectiveness of the currently latest treatment (exon skipping) was examined. In parallel, we searched international trends and extracted issues of clinical research in areas of rare diseases. As a result, we revealed not only that clinical studies in this area are sparse, but also that bias such as selective reporting and incomplete outcome data is widely seen. As a future task, it is considered necessary to prepare guidelines for clinical research

methodology specifically in rare diseases.

In perinatal care, prevention of premature birth is one of the most important tasks that we are currently working on. The perinatal mortality rate in Japan has reached the world's lowest level but still the mortality rate of premature infants at pregnancy less than 26 weeks is high, and preterm infants also have various problems in surviving cases. It has been pointed out. In order to improve the prognosis of these children, it goes without saying that it is important not only to expect the progress of neonatal medicine but also to reduce premature birth itself. In this study, we reviewed the precise management and insurance system peculiar to Japan for urgent premature labor.

We launched awareness campaign for doctors who could be an author of systematic review on newborn and child health using mailing lists and social networking service. Twenty neonatologists applied for a position as an author. We are now conducting 3 systematic reviews related to perinatology and neonatology; 1) Effect of umbilical cord milking versus delayed cord clamping of preterm infants on neonatal outcomes, 2) Vitamin A supplementation to prevent chronic lung disease in extremely low birth weight infants, 3) Conventional mechanical ventilation versus high-frequency oscillatory ventilation for congenital diaphragmatic hernia.

As part of human resource development in nursing/midwifery and of the promotion of understanding the activity of the Cochrane collaboration, we held two seminars named 'the St. Luke's Cochrane School' at St. Luke's International University on 12 December 2015 and 4 February 2017. The numbers of participants were thirty and eight, respectively. Two of the participants in the seminar recognised the necessity of the randomised controlled trial and conducted the trials evaluating the effectiveness of midwifery care, respectively. Another participant of the seminar conducted the questionnaire survey on midwifery care policy. Further, we completed the protocol of the Cochrane systematic review on homeopathy for reducing blood loss in the third stage of labour.

We authored the Cochran Systematic Review titled 'Cognitive-Behavioural Therapies for Amphetamine-Type Stimulants (ATS) use disorders' and it has been under the peer-review process. It is concerned that ATS has been widely abused in the world including pregnant women and even children. This review will be also published as a systematic review of the Campbell Collaboration, which is a sister organization of the Cochrane Collaboration and publishes systematic reviews in the field of social sciences.

In 2016, we conducted a project to review existing materials and improve educational programs for systematic review authors. In addition to this, we provided support for authors in various areas of expertise and contributed to the publication of one Cochrane review and two systematic reviews.

As the education program of this year, we held workshops, lectures, and classes in order to foster talent that can conduct a systematic review, and to construct cooperation system with each organization. To promote writing skill for a systematic review on clinical trials and diagnostic reviews, we placed high priority on an individual training, especially for publication of Cochrane reviews in Pregnancy and Childbirth Group's in this year. Positive effects of our education program have been confirmed; sixteen systematic reviews and nine review protocols were published by the participants of our workshops.

We conducted the following systematic review and meta-analysis in the field of pediatric cardiology: 1) Efficacy and safety of biologics for Kawasaki disease, 2) Efficacy and safety of infliximab for Kawasaki disease, and 3) Efficacy of pharmacogenomics approach to predict warfarin stable dose in pediatric patients. Based on the results of meta-analysis, we launched a multicenter, prospective, and observational study to establish a model to predict warfarin stable dose using pharmacogenomics approach in Japanese children.

Systematic review about non-immunosuppressive treatment for IgA nephronpathy was reported by Cochrane

review in 2011. We report systematic review about non-immunosuppressive treatment for IgA nephronpathy for the last five years in addition to past review.

III. 成果の外部への発表

- (1) 学会誌・雑誌等における論文一覧(国内誌 2件、国際誌 60件)
- 1. Abe Sarah K, Balogun OO, <u>Ota E</u>, Takahashi K, <u>Mori R</u>. Supplementation with multiple micronutrients for breastfeeding women for improving outcomes for the mother and baby. Cochrane Database of Systematic Reviews 2016; CD010647.
- 2. Amari S, Shahrook S, <u>Ota E</u>, <u>Mori R</u>. Branched-chain amino acid supplementation for improving nutrition in term and preterm neonates. Cochrane Database of Systematic Reviews 2016; CD012273.
- 3. Amiya RM, Mlunde LB, <u>Ota E</u>, Swa T, Oladapo OT, <u>Mori R</u>. Antenatal Corticosteroids for Reducing Adverse Maternal and Child Outcomes in Special Populations of Women at Risk of Imminent Preterm Birth: A Systematic Review and Meta-Analysis. Plos One 2016;11.
- 4. Balogun OO, da Silva Lopes K, <u>Ota E</u>, Takemoto Y, Rumbold A, Takegata M, <u>Mori R</u>. Vitamin supplementation for preventing miscarriage. Cochrane Database Syst Review 2016;CD004073.
- 5. Balogun OO, Kobayashi S, Anigo KM, <u>Ota E</u>, Asakura K, Sasaki S. Factors Influencing Exclusive Breastfeeding in Early Infancy: A Prospective Study in North Central Nigeria. Matern Child Health Journal 2016(first online 2015);20:363-75.
- 6. Balogun OO, O'Sullivan EJ, McFadden A, Ota E, Gavine A, Garner CD, Renfrew MJ, MacGillivray S. Interventions for promoting the initiation of breastfeeding. The Cochrane Library 2016;CD001688.
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- 13. da Silva Lopes K, <u>Ota E</u>, Tanigaki S, <u>Mori R</u>. Bed rest with and without hospitalisation in multiple pregnancy for improving outcomes. Cochrane Database of Systematic Reviews 2016;CD012031.

- 14. Dagvadorj A, <u>Ota E</u>, Shahrook S, Baljinnyam Olkhanud P, Takehara K, Hikita N, Bavuusuren B, <u>Mori R</u>, Nakayama T. Hospitalization risk factors for children's lower respiratory tract infection: A population-based, cross-sectional study in Mongolia. Scientific reports 2016;6:24615.
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